

## What is a required minimum distribution (RMD)?

IRS regulations currently require that once you have attained a certain age you must receive an RMD each year from your qualified money (money that hasn't been taxed).

Under current federal law, you are required to begin taking RMDs at age 73.

In order to receive the RMD, you may request a one-time disbursement or schedule your RMD to be distributed automatically each year via our website or via phone.

### Secure Act 2.0 phased-in timeline for RMD beginning ages

Birth year	Age at which RMDs begin
1950 or earlier	72 (70 1/2 for those who turned 70 1/2 prior to 2020)
1951-1959	73
1960 or later	75

## Frequently asked questions

### Do I have to take a Required Minimum Distribution (RMD) each year?

Yes. You must take your Required Distribution every calendar year from this contract or another qualified contract. If your contract is a TSA/403(b), you can defer taking your RMD until you've retired. If your contract was inherited as a beneficiary, you may be required to take an RMD regardless of your age.

### Can I take the RMD from another contract?

You have the option of withdrawing the RMD amount from your contract with us or satisfying the requirement from any other contract with the same tax status. You do not need to notify us if you choose to withdraw the RMD from another contract, unless your RMD is already scheduled. We suggest contacting your investment or tax professional if you have questions about this option.

### When do I have to take the RMD?

The RMD needs to be taken by December 31 each year. The withdrawal will be final and taxable in the year it's taken.

### Will you automatically satisfy my RMD?

No. It is your responsibility to request a withdrawal, unless you are already scheduled to receive an automatic distribution, or have already withdrawn an amount equal to or greater than the RMD amount this year.

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## Frequently asked questions (cont.)

### What if I want to withdraw more than the RMD?

You can specify the amount you want to withdraw through our website, using the Partial Withdrawal link found on the homepage under “What would you like to do today?” If you wish to withdraw more than the online limit you can print and complete the Partial Withdrawal Request form, found on our website. If you request more than the penalty-free amount, your withdrawal could be subject to surrender charges, market value adjustments and/or premium bonus recapture amounts as described in your contract.

### How can I request the RMD?

- Request the RMD through our website, using the Schedule Required Minimum Disbursement link found on the homepage under “What would you like to do today?”
- Print and complete the RMD form found on our website and return it to our office by:
  - Secure Upload, available on our website
  - Mailing the form to either address listed on the form
  - Faxing the form to the fax number listed on the form

### Can I make changes to my scheduled RMD withdrawal?

Yes. Changes to the date, frequency, distribution method and tax withholding can be made by contacting our office or sending in a letter of instruction.

### Can I return a withdrawal?

No. All withdrawals are final and will be reported as a taxable event.

### Can I have the money sent to charity?

Yes, as long as the contribution amount is at least \$500.00.

- Print and complete the Charitable Contribution Request form found on our website, and return it to our office by:
  - Secure Upload, available on our website
  - Mailing the form to either address listed on the form
  - Faxing the form to the fax number listed on the form

### Can you provide me with tax advice?

No. We recommend you contact your tax professional for questions related to this IRS requirement.



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